

Unit 4 Lesson 4 Resident Eating in Room

Mrs. James has been assisted into a chair and is ready to eat breakfast in her room. Notice the use of the over the bed table with the side chair in the room.

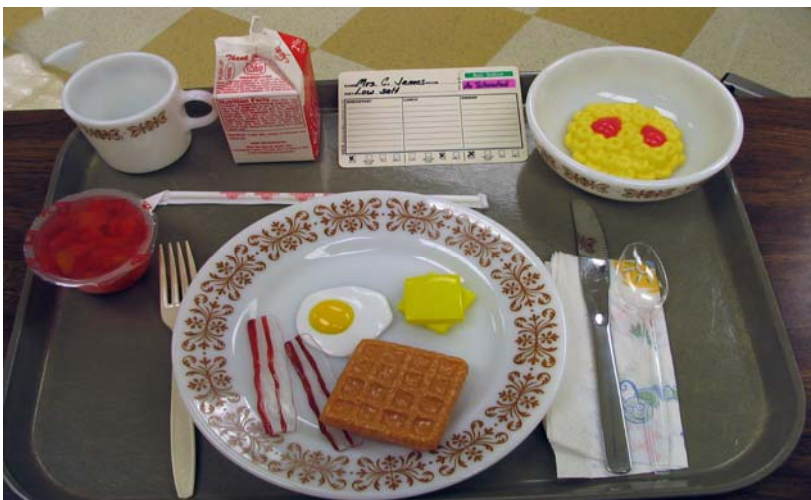


Each resident has a dietary card that shows any special diet modifications.

What kind of diet is shown for Mrs. James?

Answer: Low salt (restricted sodium)

NAME <u>Mrs. C. James</u> ROOM _____		Rest. Sodium
DIET <u>Low salt</u>		As Tolerated
BREAKFAST	LUNCH	DINNER
<input checked="" type="checkbox"/> COF.	<input type="checkbox"/> COF.	<input checked="" type="checkbox"/> COF.
<input type="checkbox"/> DECAF. COF.	<input type="checkbox"/> DECAF. COF.	<input type="checkbox"/> DECAF. COF.
<input type="checkbox"/> TEA	<input checked="" type="checkbox"/> TEA	<input type="checkbox"/> TEA
<input type="checkbox"/> MILK	<input type="checkbox"/> MILK	<input type="checkbox"/> MILK



Here's a close up of Mrs. James's breakfast. Based on her diet, what food should be removed from her plate?

Answer: Bacon. It's high in sodium and shouldn't be part of Mrs. James's breakfast.